

NUT BAR

UNKNOWN

I feel it really often. Joy...
I think in a way, I've been feeling
more joy than I ever felt because
I've been letting myself feel angry
and upset and scared about the
world.

I mean, I kind of opened up to...

(thinks for a moment)

I've kind of opened up to feeling
all these all these feelings which
I used to have a harder time with.
Especially with feeling anger.

(pause)

But yeah, opening up, opening up to
that just made me feel so much joy.
And different parts of my life I
really appreciate now.

I really appreciate being able to
do what I'm passionate about and
talk to other people about it and
really express myself.

And there are other people as
well... like my mentor's one,
genuinely. He makes me feel so
joyful and really open to feeling
anything. But he's also willing to
give me a lot of shit.

It's just... I think it's just
beautiful when you can feel so
unrestricted around someone. I love
that.

And I feel it with my friends all
the time. Actually my friends joke
about how happy I get. One of my
best friends often says I have the
sociability of a drunk person at
all times.

And I think people just get the
idea that I'll like... just find a
wrapper for a nut bar or something
floating around on the street and
be like, "Oh my God, I love that!"
I love that flavour. Nut bar!

That's so fucking good! Ohh yes,
that's just reminding me of... Ohh
man. That takes me back to my
childhood!!!

Umm...

And that's not completely
incorrect. I've got to be honest.

(MORE)

UNKNOWN (CONT'D)

But all the fucking time I feel, I
feel joy about shit. All the
fucking time. I feel scared about
stuff. I feel angry. I feel sad.
But fuck yeah, I feel joy. Hell
yeah.